



# FRANKLIN HIGH SCHOOL WILDCATS

## 2022 BOYS' AND GIRLS' CROSS COUNTRY

Head Varsity Coach: John Clemons

Athletic Director: Mike Cody

Principal: Adam Wood

6400 Whitelock Parkway Elk Grove, CA 95757 (916) 714-8150 [www.frhs.egusd.net](http://www.frhs.egusd.net)

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>LEVEL</u>	<u>BUS/Start Time</u>
Saturday, August 20th	Sierra Invitational	Sierra College (Rocklin)	All	5:45/8:00
Saturday, September 3rd	Lagoon Valley	Lagoon Valley (Vaccaville)	All	5:45 /8:30
Saturday, September 10th	Nevada Union Invite	Nevada Union High School	All	5:45 /9:00
Saturday, September 17th	DLS Nike Invitational	Newhall Park (Concord)	All	5:30/8:30
Saturday, September 24th	Jessup Invite	William Jessup (Rocklin)	All	None/8:00
Wednesday, September 28th	Delta League Meet	Cherry Island	All	6:45/9:00
Saturday, October 1st	Tom Laythe Invite	Willow Hills (Folsom)	All	None/9:00
Saturday, October 8th	Clovis Invite	Woodward Park (Fresno)	Varsity Only	None/9:00
Saturday, October 22nd	Flat Sac	Gibson Ranch (Elverta)	All	None/9:15
Saturday, October 29th	Delta Championship	William Jessup (Rocklin)	All	None/TBA
Saturday, November 5th	Sub Sections	Angels Camp	All	5:35/9:00
Saturday, November 12th	Sections	Willow Hills (Folsom)	All	None/9:00
Saturday, November 26th	State	Woodward Park (Fresno)	Varsity Only	None/TBA

Co- Varsity Coach: Rachel Workentine

Assistant Coach: Mike Clemons

School Colors: Purple, Black, Silver, White